Bari’s Beans

1/2 cup onions
A lot cumin
A little chili pepper
Oregano
1 Veg broth and water
After a few hours in crock 1/2 tsp baking soda
And 1/2 cup masa flour (first mix with the broth separately to make a gravy)
Franks hot sauce (I put too much, but we love it)
Mash beans some
Then at the end
Lawrys garlic salt and season salt both